



HestFest 2016

Celebrating 30 years of IHSGB

EASTER ACTIVITY WEEKEND
NR. SPALDING, LINCS, 26TH-27TH MARCH,
BY KIND INVITATION OF ANN AND DAVE SAVAGE

INFORMATION AND ENTRY FORM

Saturday – Have a go Tölt or Trot in Harmony and Oval track gait/tölt classes. Handy Horse.

Sunday – a day's seminar with Peter De Cosemo, focussing on biomechanics, working in hand/on the lunge, early ridden work, suppling and gymnastics including lateral work, work in walk, trot and canter. This seminar will focus on Icelandic horses, how to optimise their strengths and how to help improve stiffness, use of the back and the hindquarters. Demonstrations in hand and under saddle.

Cost is £50 per day, or £90 for both days if you register before February 29th. Please register interest as soon as possible so arrangements can be finalised. Early bird price covers entry to all activities on Saturday, PDC Seminar all day Sunday, and includes light lunches (on Sunday only), tea and coffee, etc, if paid by 29th February. See over for more detailed information and entry forms.

Interested? Then read on!

Practical information

Venue – Orchardleigh, Northgate, Pinchbeck, Spalding, Lincs PE11 3TA

Participants may arrive from Friday afternoon onwards. There will be a grass area available to make paddocks for your horses (please bring your own electric fencing), and a separate area for camping if you wish to bring a tent. There are B and B's nearby if you are not quite as hardy as your horse! Portaloos, and access to water will be on site. Please bring enough hay and hard feed for the whole weekend, and journey home. Make sure you bring plenty of warm and waterproof clothing for yourself (and your horse, if it likes its home comforts). There are nearby shops/takeaways. It may be possible to organise a "pizza run" on Saturday night if required. Please fill in the form on the back of the entry form, to enable us to plan the showground appropriately.



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Day Seminar with Peter De Cosemo
Sunday 27th March 2016

Focus on the logical and progressive system to develop the mind and body of the competition and pleasure horse.

9.30. Registration and coffee.

10.a.m. Opening address. To include;

The equine reflexes and instincts and how to use them to work with the training, not against.

10.30. Fundamental equine physiology/ biomechanics and how they must be understood even for the most basic of schooling.

11.00 Practical demonstration of ground work that connects directly to ridden work. To include in hand, lunging and work on the long rein.

12.00 Lecture to clarify the meaning of 'forward', speed, tempo, rhythm, looseness, suppleness, engagement, impulsion, tension and resistance.

12.30 LUNCH (light lunch provided)

1.30. Rider ability. A look at the requirements of the rider to be able to influence the horse's training in a productive way.

2.00.p.m. Early ridden work demonstrating the importance of educating the mind of the horse to understand the tasks required.

Choice of tack.

The difference between 'teaching' and 'training' with the young horse.

Developing balance and confidence.

2.45.p.m Second stage of ridden work to include.

Developing top line connection and outline.

Transitions.

Early lateral work .

Turns and circles

Canter work

3.45 . Questions, discussion time.

4.p.m. End of day. (Timings are approximate.)



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Activity Day with Fi Pugh

Saturday 26th March 2016

Saturday morning

- 0930 Introduction to Tölt or Trot in Harmony Level 1. Fi will give a short talk about the event and ride a demo.
- 1030 In turn, riders will get a chance to “test ride” TiH level 1 with help from Fi. Immediately after each test ride, they will then ride it through “for real” under competition conditions. Separate tölt and trot classes. Final rankings, and rosettes for all!
- 1300 Break for lunch (not provided)
- 1400 “Have-a-go” Oval track session. Riders choose to practise any two of the classes offered. In the group classes approx 3 riders will be on the track at a time. Classes offered are tölt T7 and 4 gait V5 (see descriptions below). Riders will practise the class in groups, then after comments and feedback will ride again “for real”. Rosettes for all!

Riders who wish to practice an individual class (V1, F1, T1 or T2) will ride on the track alone, first of all one practice attempt and after comments and feedback, one go “for real”.

For the individual classes, rankings will be combined so that there is one ranking for V1/F1, and one ranking for T1/T2. Rosettes for all!

Evening Fun “Handy pony/handy horse” class. May be done ridden or in hand. Rosettes for all!

See next page for more information about Tölt in Harmony and oval track competition

Tölt/trot in Harmony Level 1 in a 20 x 60m arena

Element 1.

Figure 8. The rider begins and nods at A in working to medium tempo and rides one complete figure 8, based on 18m circles. It is important to keep an even rhythm (beat and speed) throughout the entire element. When he reaches A he starts element 2.

Element 2.

Circles. The rider rides once around the nearest 18m circle at A, according to the diagram, at any speed (though the same speed should be maintained throughout the whole element). Then he follows the diagonal line across to the other shortside and the 18m circle at C and rides around it once. The rider then follows the diagonal line and continues onto the 18m circle. When he reaches A he starts Element 3.

Element 3.

Diagonal in walk. At A the rider makes a transition to walk and goes across the diagonal in a relaxed, but still energetic walk with rein contact. Halt at C and the rider nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

The program can also start at C.

Other information

Permitted equipment: Shoeing, according to FIPO rules. Snaffle bridle, noseband, saddle, numnah/cloth/pad

Prohibited equipment: Boots or other protective equipment on the legs/hooves. Whip
Level 1 is judged according to beat, suppleness and contact between horse and rider.

Oval track

Group classes

T7 Intermediate tölt: riders compete in small groups directed by the speaker, showing slow tölt first, and then change the rein, showing any speed tölt. Riders should indicate on the entry form which rein they wish to start on.

V5 Elementary 4 gait: riders compete in small groups directed by the speaker, showing any speed tölt, slow to medium trot, medium walk and slow to medium canter on one rein. Riders should indicate on the entry form which rein they wish to ride on.

Individual classes

4.1 FIPO Four-Gait V.1. Riders compete individually and show half a round of walk and one round each of slow to medium trot, slow tölt, fast tölt and slow to medium canter, in any order, on the rein of their choice.

5.1 FIPO Five-Gait F.1. Riders compete individually and show half a round of walk, one round each of slow to medium trot, tölt and canter, and two long sides of flying pace, in any order, on the rein of their choice.

T.1 FIPO Tölt T.1. Riders compete individually and show one round of slow tölt, change the rein then one round of slow tölt with fast tölt on the long sides and finally one round of fast tölt.

T.2 FIPO Tölt T.2. Riders compete individually and show one round each of any speed tölt and slow tölt, before changing the rein and finally showing slow to medium tölt with both reins held in one hand clearly showing no contact with the horse's mouth.

Entry form

Name _____

I would like to attend the Peter De Cosemo One day Seminar on Sunday 27th March (£50) yes/no

I would like to participate in the activity day on Saturday 26th March (£50) yes/no

I would like to take advantage of the "early bird" payment option (£90 before 29/02/16) yes/no

Please return this page to Fi Pugh, and pay either by cheque (payable to F Pugh and posted to 111 Old Hills, Deblins Green, Callow End, Worcester WR24UE), by BACS, or via paypal. Contact Fi Pugh if you need further information (fi@oldhillsicelandics.co.uk or via Facebook messenger).

Activity day, Saturday 26th March 2016

Please complete this part to help with planning and timetabling. You may make changes closer to the date if you wish.

Name of rider _____

Name of horse _____

Type of vehicle e.g. 7.5 t lorry, 3.5t van, car+trailer _____

I have a tent/caravan _____

I would like to ride in the tölt/trot in Harmony (please choose one only) _____

Oval track please choose up to 2 classes

(See below for class descriptions) _____

Handy pony mounted/in hand _____