



Tölt in Harmony Level 1

Aim: To help move forward towards a more horse-friendly sport with more rideable horses.

Arena: 20 x 60 or 20 x 40 m.

If the arena is 20 x 60 m, the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m, the short sides are ridden as an 14 m circle. On each short side there are 18/14 m circles. (See the three diagrams). Elements 1 and 2 are shown in tölt or in trot but both elements have to be shown in the same gait. If the rider shows trot, the rider should do rising trot on the correct diagonal and change diagonal at X. Element 3 is walk, with halt at C. **Level 1 is judged according to A in the training scale. Beat, suppleness and contact.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

Element 1. Figure of 8. The rider begins in working to medium tempo tölt (or trot) and nods at A.

The rider rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

Element 2. Circles. The rider rides at any speed (which speed has to be kept throughout Element 2), according to the diagram, at A an 18 m circle (14 m if the arena is 20 x 40 m). Then the rider follows the diagonal line across to the other short side and at C does an 18m (14m) circle. The rider then follows the diagonal line and continues on to the large circle. When the rider reaches A, the rider starts Element 3.

Element 3. Diagonal in walk. At A, the rider makes a transition to walk and rides across the diagonal in a relaxed, but still energetic walk with rein contact. At C, the rider halts for three seconds and the rider nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

Tölt in Harmony, March 24, 2014



Tölt in Harmony Level 2

Aim: To help move forward towards a more horse-friendly sport with more rideable horses.

Arena: 20 x 60 or 20 x 40 m.

If the arena is 20 x 60 m the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m the short sides are ridden as an 14 m circle. On each short side there are 8 m circles starting at A/C. See the three diagrams. All elements are shown in tölt except the transition from tölt to walk to halt at the end of element 3. **Level 2 is judged according to A and B in the training scale. Beat, suppleness, contact, impulsion and straightness.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

Element 1. Figure of 8. The rider begins in working to medium tempo tölt and nods at A. The rider then rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

Element 2. Circles. The rider enters at A, at any speed (the same speed should be maintained throughout the whole element), and does an 8 m circle. The rider then follows the diagonal line across to the other short side and at C does an 8 m circle.

Element 3. Speed changes. The rider continues in working tölt and passes by C, enters the diagonal line where increasing of the speed starts. At X the rider begins to decrease speed and where the curved track starts, the horse should be in working tölt until the next diagonal line, where the second increase of speed should start. At X the rider should start to decrease speed again, and be back in working tölt at the the next curved track. Then transition to walk and halt for three seconds at C and nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

Tölt in Harmony, March 24, 2014



Tölt in Harmony Level 3

Aim: To help move forward towards a more horse-friendly sport with more rideable horses.

Arena: 20 x 60 or 20 x 40 m.

If the arena is 20 x 60 m the short sides are ridden as an 18 m circle. If the arena is 20 x 40 m the short sides are ridden as an 14 m circle. On either side of X is an 8m circle. See the three diagrams. All elements are shown in tölt except the transition from tölt to walk to halt at the end of element 3. **Level 3 is judged according to A, B and C in the training scale. Beat, suppleness, contact, impulsion, straightness and collection.**

The rider enters on one of the short sides and rides, via any route to A (max one minute from entrance to A).

Element 1. Figure of 8. The rider begins in working to medium tempo tölt and nods at A. The rider rides one complete figure 8 on the special track, see diagram. It is important to keep an even rhythm (beat and speed) throughout the entire element. When the rider reaches A, the rider starts element 2.

Element 2. Circles. The rider rides twice around the nearest 8m circle, according to the diagram, at any speed (though the same speed should be maintained throughout the whole element). He then follows the diagonal line across to the other 8m circle and rides around it twice. The rider then follows the diagonal line to the 18 m (**14 m**) circle. When he reaches C he starts Element 3.

Element 3. Speed changes. The rider continues in working tölt and passes by C, enters the diagonal line where increasing of the speed starts. At X the rider begins to decrease speed and where the curved track starts, the horse should be in working tölt until the next diagonal line, where the second increase of speed should start. At X the rider should start to decrease speed again, and be back in working tölt at the the next curved track. Then transition to walk and halt for three seconds at C and nods to indicate the end of the test. The test has now been completed and the horse and rider leave the track. See diagram.

Other information

The rider may choose his own music and determine its volume (low, medium or high). If the rider does not hand in his own music the speaker will choose the music and determine the volume. The horse shall be equipped with a saddle (with or without tree), snaffle bridle, reins and four shoes (shoes according to FIPO). Other permitted equipment is: noseband and saddle cloth/numnah. Boots on feet/legs, or other protective equipment is prohibited. A whip is not permitted. The horse's mane can be plaited. The rider's attire should be according to FIPO.

Tölt in Harmony, March 24, 2014

Tölt in Harmony

The judge gives marks according to the training scale.

Points are awarded from 0-10 in whole and half points. Judge gives points and writes comments for each element. Points are also given for seat and aids. A classical seat is required and minimal use of invisible aids. There will then be four sub scores. The judge then divides his total score by four and then shows his final mark.

Point	10	Perfect
Point	8 - 9	Excellent
Point	7	Good
Point	5 - 6	Acceptable
Point	4	Not acceptable
Point	0 - 3	Poor

The Training Scale



A Phase of understanding and confidence 1-3
 B Development of push, 2-5
 C Development of carriage, 4-6

Training scale

1. Rhythm and beat (regularity and tempo)
2. Suppleness (elasticity/lack of tension)
3. Contact (acceptance of the bit and aids)
4. Impulsion (increased energy from hindquarters)
5. Straightness (equal bend on both reins)
6. Collection (engagement and balance)



Marks given for each element depend on both the training scale and the execution of the exercises.

1. Rhythm and beat. We judge as in FIPO
2. Relaxation. A horse that is mentally and physically relaxed, that submits to the rider's aids, and is confident in the execution of each task.
3. Contact. The rider has good contact with the horse through the seat, legs and hands. The horse understands what to do and is fully responsive. The horse submits to the rider's aids and has a correct topline. Horse and rider are clearly working together harmoniously.
4. Elasticity and power together.
5. Straightness. A horse that is even on each side will have no problem in following the circle figures with the correct bend, in both directions. The horse is straight on a straight track and uses his topline correctly.
6. Collection. When the above 5 criteria are met the horse can begin its collection. The horse has a correct topline and is strong enough to carry out all elements of the test.



Judges' guidelines Tölt in Harmony

Level 1 - Requirements: Beat Relaxation Contact

Fault section 0-3.5

Uneven beat, not relaxed, too high shape, crooked when supposed to be straight, rough or unbalanced rider. Very uneven tempo in some of the elements.

Middle section 4-6.5

Even beat with occasional mistakes (rolling or intermittent tension causing beat faults). Reasonably relaxed and beginning to go on the bit. Correctly bent around the corners and mostly straight on straight lines. The rider sits straight on the horse and is sensitive, giving even but subtle aids. There may be some minor conflicts between horse and rider. If the beat is even and the horse responds to the riders aids without greater problems they should be placed in the middle section. Occasional uneven tempo is acceptable.

Good section 7-10

The horse has a good beat, yields to light aids and is relaxed, but not yet working with impulsion. The rider has good contact with the horse and sits well. Harmonious. Even and balanced tempo.



Level 2 - Requirements: Beat Relaxation Contact Impulsion Straightness

Fault section 0-3.5

Uneven beat, horse not relaxed, insensitive or too obvious aids, very uneven tempo in some of the elements, no extension in element 3.

Middle section 4-6.5

The horse has a good beat, is mostly relaxed and submits to light aids. The rider has good contact. Occasional uneven tempo, and somewhat weak extensions are acceptable.

Good section 7-10

Good beat, relaxation, and contact. The horse has begun to go with impulsion and is straight., going evenly on both reins and completely straight on a straight line. Collection is not required. Even and balanced tempo.



Level 3 - Requirements: Beat Relaxation Contact Impulsion Straightness Collection

Fault section 0-3.5

Uneven beat. Tension resulting in loss of relaxation. Very uneven tempo in some elements. No extension in element 3.

Middle section 4-6.5

Good beat, the horse is relaxed and there is good contact. The horse has begun to move with impulsion and is completely straight on both reins, on a circle and on a straight line. Collection not necessary for these marks. Occasional uneven tempo or somewhat weak extension is acceptable.

Good section 7-10 Everything is reasonably good and the horse is beginning to be collected yet remains relaxed. Even and balanced tempo.

Lena Lennartsson, October 2013. (Translation Fi Pugh)



Marking Tölt in Harmony

The scale of marks is from 0-10. If the rider makes an error he is stopped, and can re-ride the element. 2 marks are deducted for each error in an element (includes forgetting to nod/salute etc)

Fault section 0-3.5, Middle section 4 – 6.5, Good section 7-10 (8 or higher can only be given if horse and rider fulfill all requirements).

Level 1

Beat is not even, and horse is tense most of the time. *Marks - Lower end fault section*

Beat is not even some of the time and the horse somewhat tense. *Marks. - Upper part of the fault section*

Beat is even and the horse relaxed to a certain extent. Uneven or jerky contact. *Marks - Lower part of the middle section*

Beat is even and the horse reasonably relaxed, and is ridden with an acceptable contact. *Marks - Upper part of middle section*

Beat is even and the horse is mainly relaxed and beginning to go on the bit. *Marks – lower part of good section*

Beat is even, horse is relaxed, on the bit and the rider has good contact. *Marks – upper part of good section*

Level 2

Beat is not pure/even, and horse is tense most of the time. *Marks - Lower end fault section*

Beat is not even some of the time and the horse somewhat tense. *Marks. - Upper part of the fault section*

Beat is even and the horse relaxed to a certain extent. Uneven or jerky contact. *Marks - Lower part of the middle section*

Beat is even and the horse reasonably relaxed, and is ridden with an acceptable contact but the horse is not on the bit. *Marks - Lower part of middle section*

Beat is even and the horse reasonably relaxed, and is beginning to go on the bit and ridden with a good contact. *Marks - Upper part of middle section*

The beat is even, the horse is relaxed and is on the bit. Good contact and impulsion. *Marks. – lower part of the good area*

The beat is even, the horse is relaxed and is on the bit. Good contact and impulsion and the horse is straight. *Marks – upper part of the good section*



Tölt in Harmony

Level 3

Beat is not even, and horse is tense most of the time. *Marks - lower part of the fault section*

Beat is uneven some of the time and the horse somewhat tense. *Marks - Upper part of the fault section*

Beat is even and the horse relaxed to a certain extent. Uneven or jerky contact. *Marks - Upper part of the fault section*

Beat is even and the horse reasonably relaxed, and is ridden with an acceptable contact but the horse is not on the bit. *Marks - Lower part of middle section*

Beat is even and the horse mostly relaxed, and is beginning to go on the bit and ridden with a good contact. *Marks - Upper part of middle section*

The beat is even, the horse is relaxed and is on the bit. Good contact and impulsion. *Marks. – lower part of the good section*

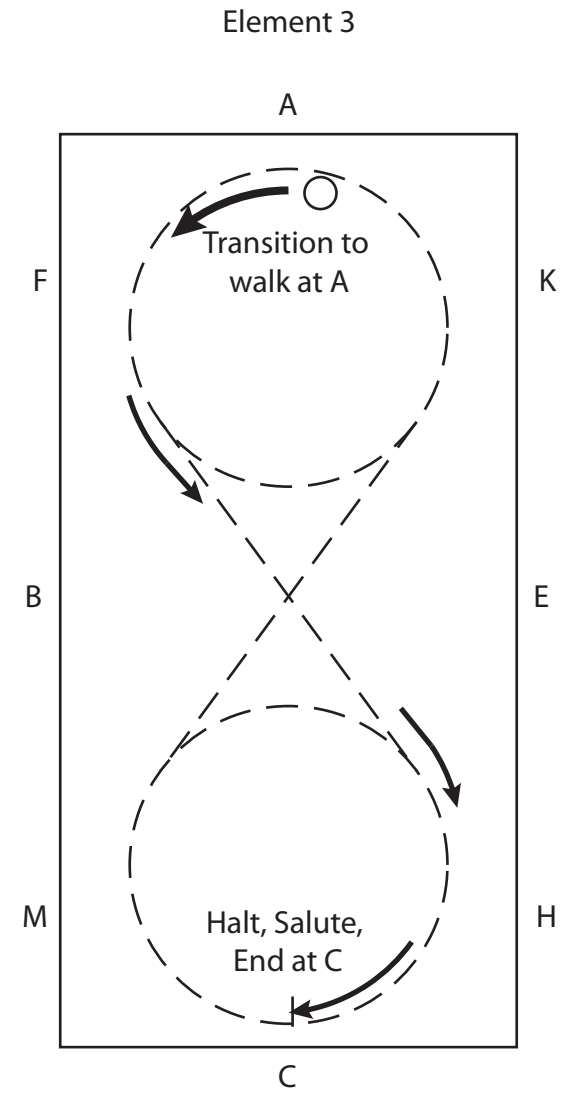
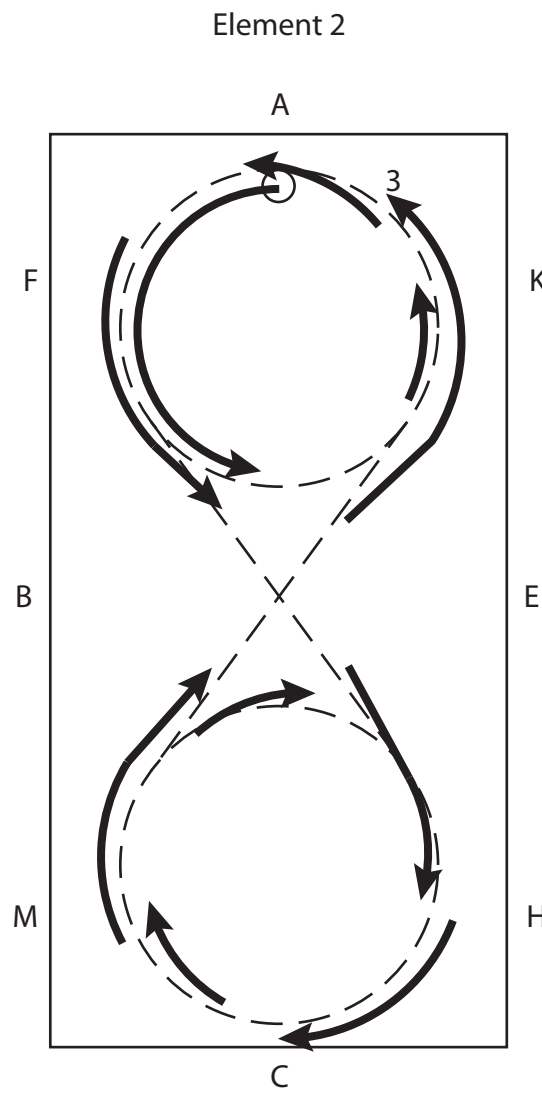
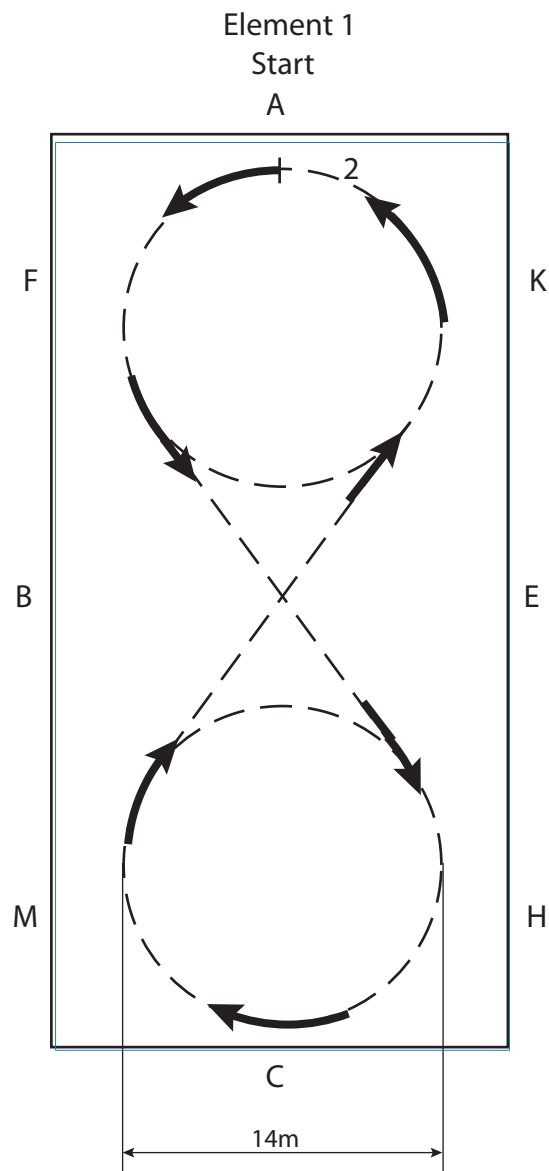
The beat is even, the horse is relaxed and is on the bit. Good contact and impulsion and the horse is straight. *Marks – middle of the good section*

The beat is even, the horse is relaxed and is on the bit. Good contact and impulsion and the horse is straight and collected. *Marks – upper part of the good section*

Lena Lennartsson, October 2013. (Translation Fi Pugh)

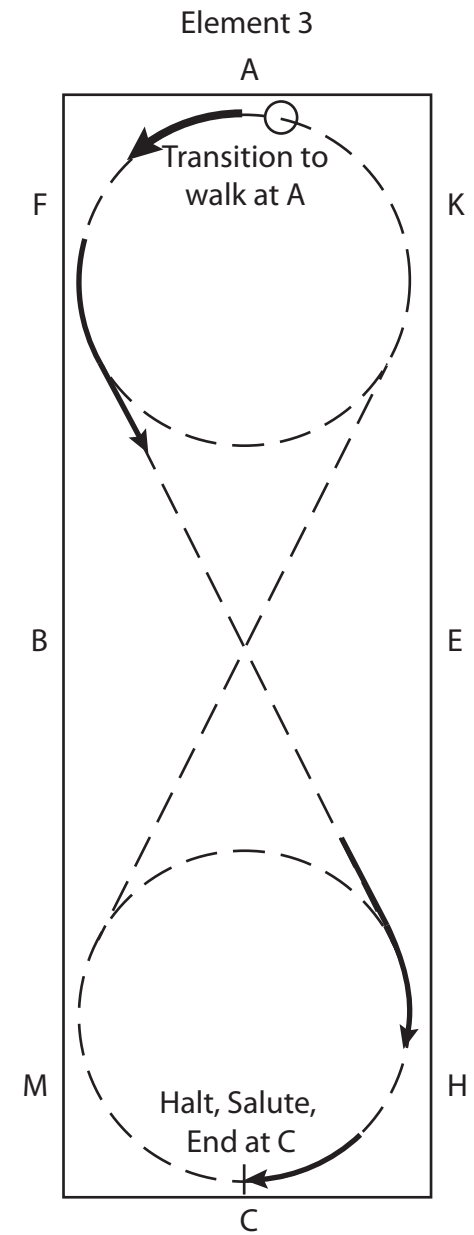
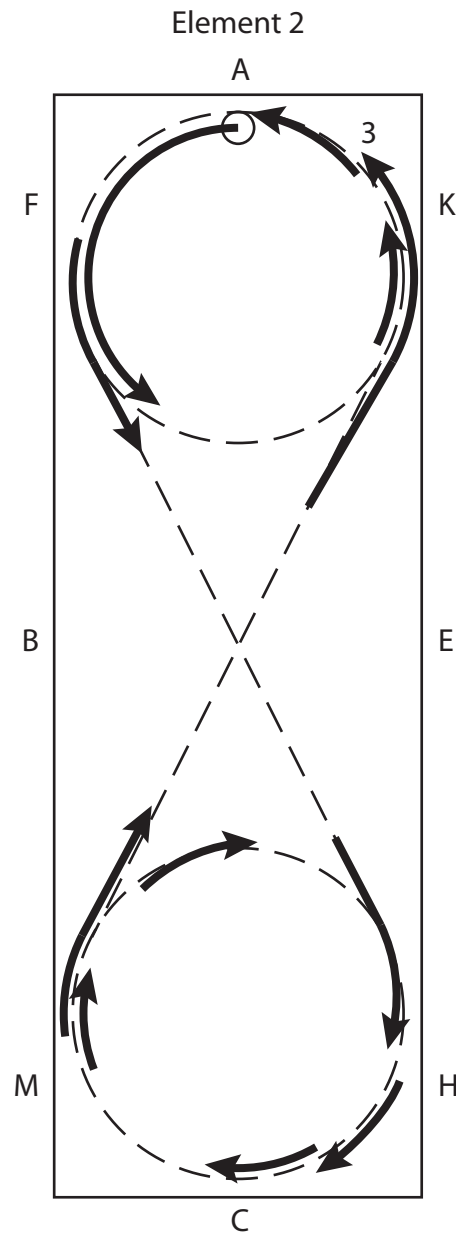
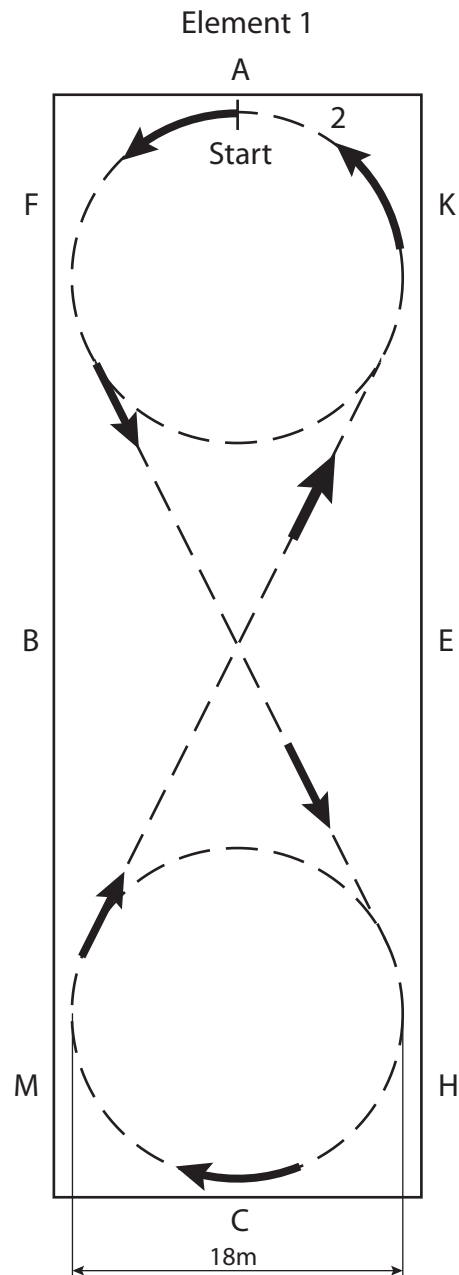
Tölt in Harmony

Level 1, 20x40



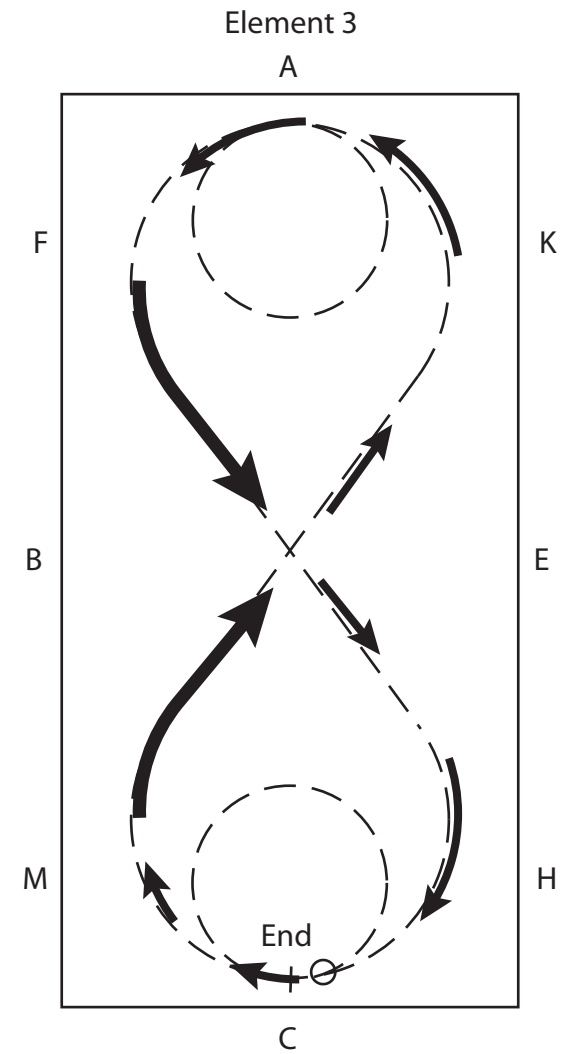
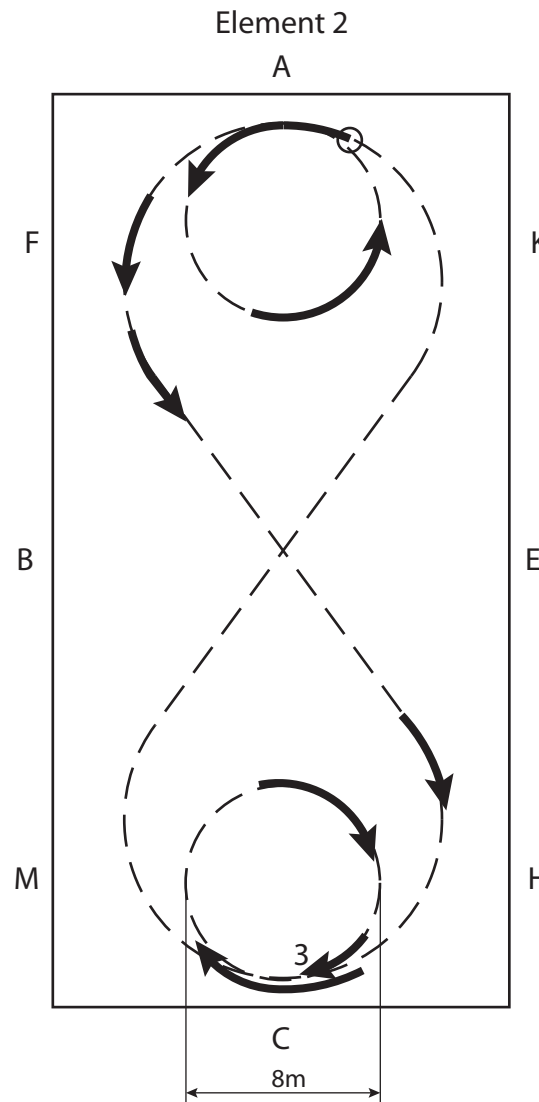
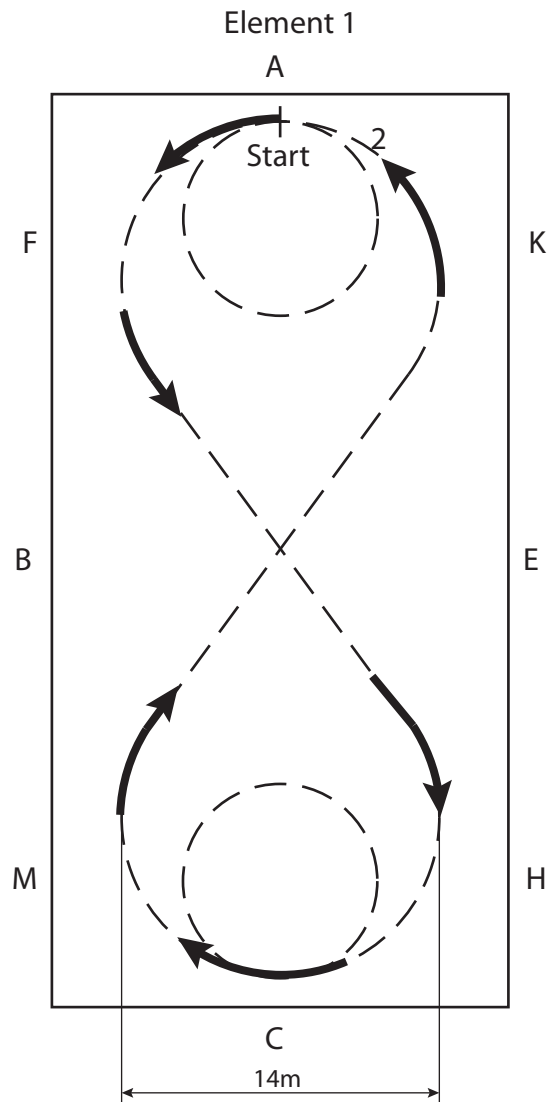
Tölt in Harmony

Level 1, 20x60



Tölt in Harmony

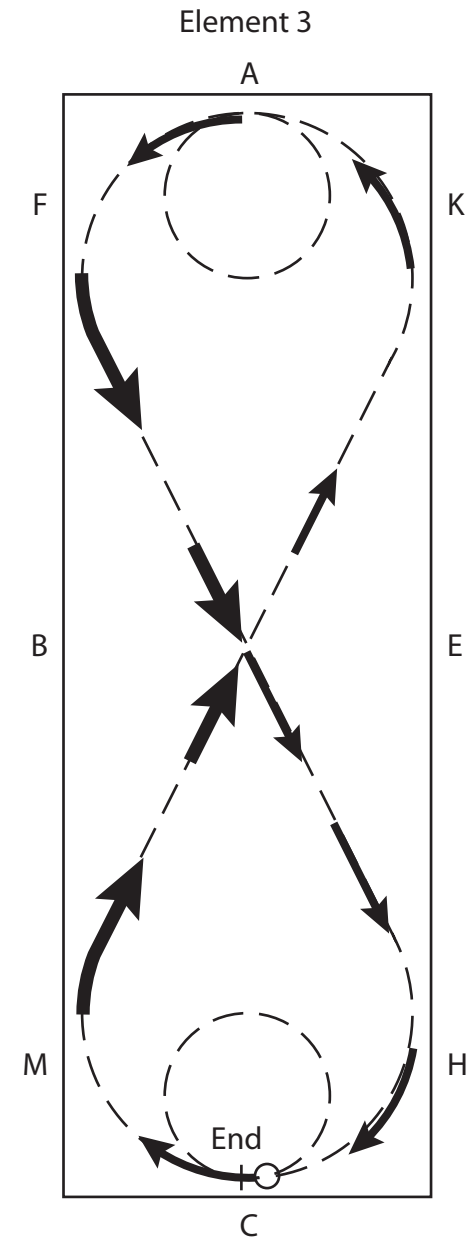
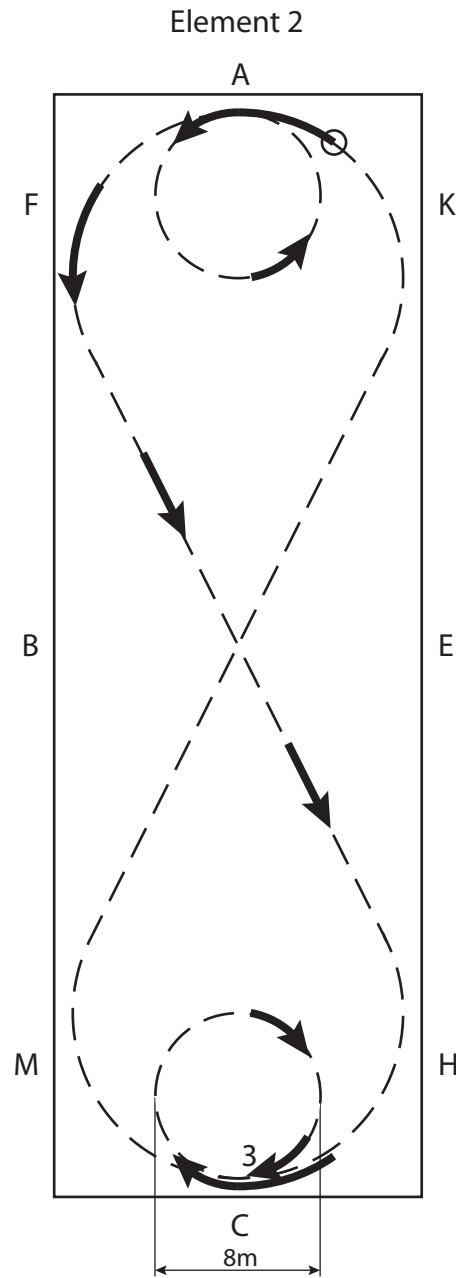
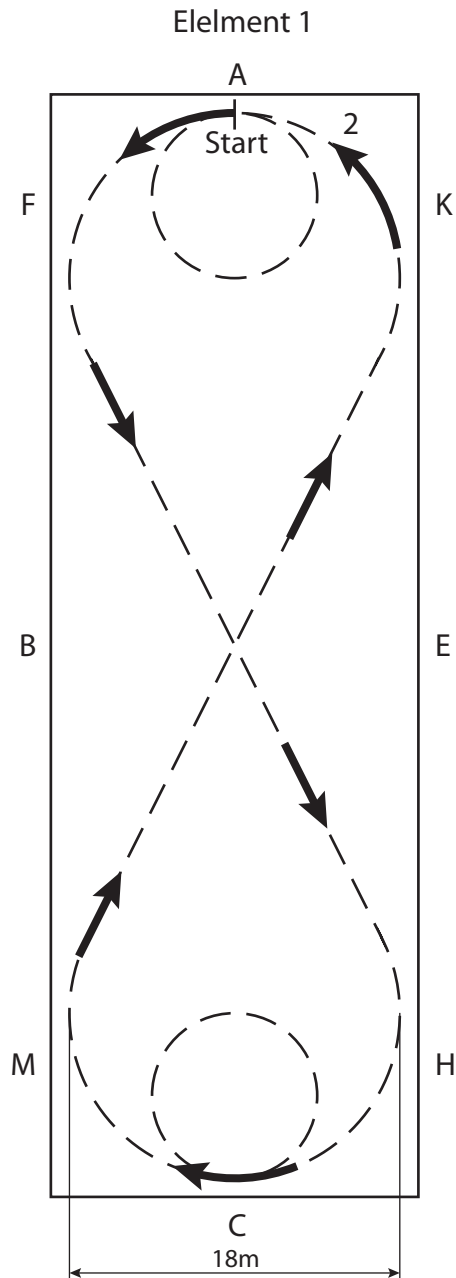
Level 2, 20x40



Two extensions showing both
increase in speed and in length of stride

Tölt in Harmony

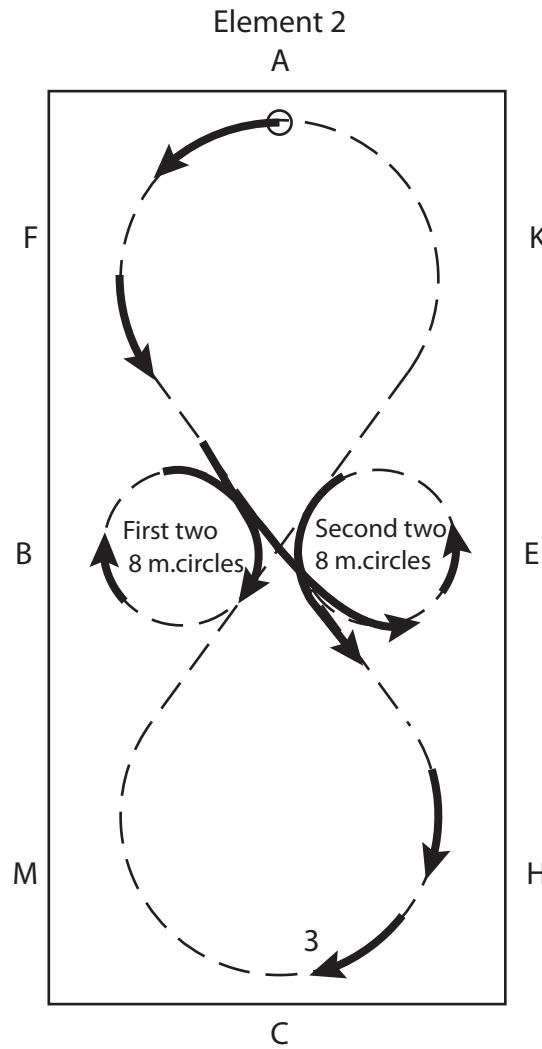
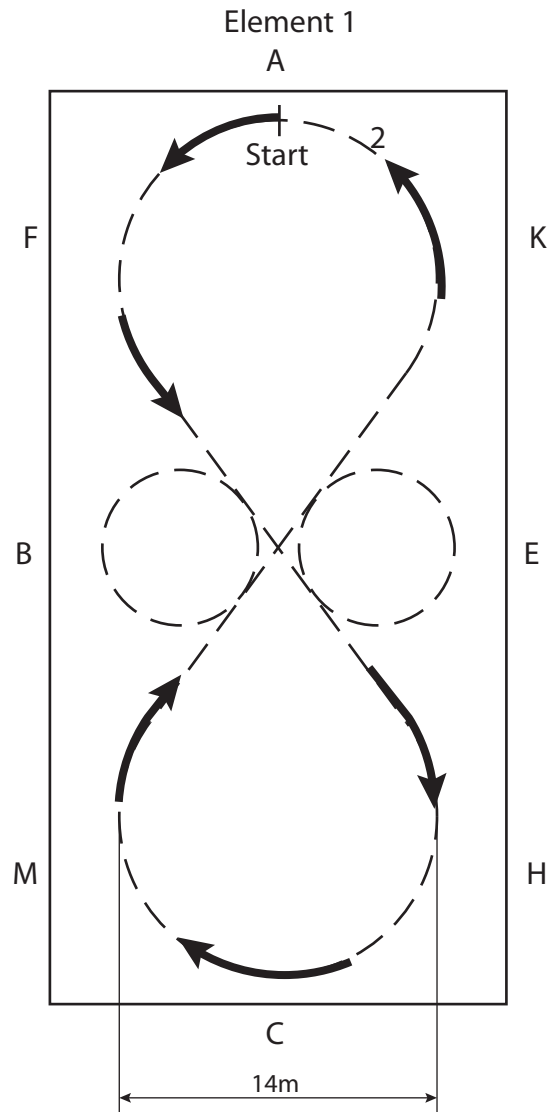
Level 2, 20x60



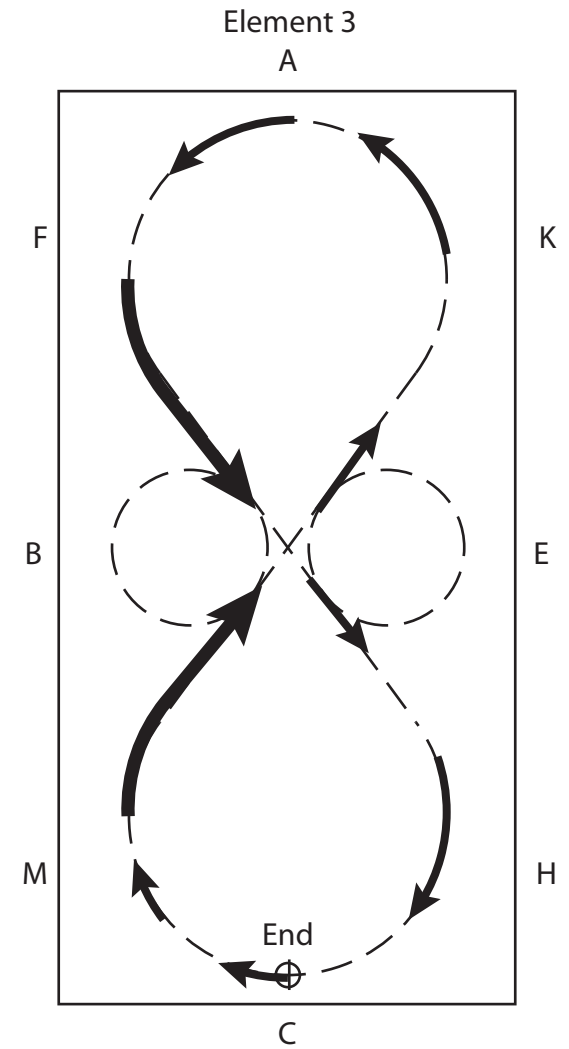
Two extensions showing both
increase in speed and in length of stride

Tölt in Harmony

Level 3, 20x40



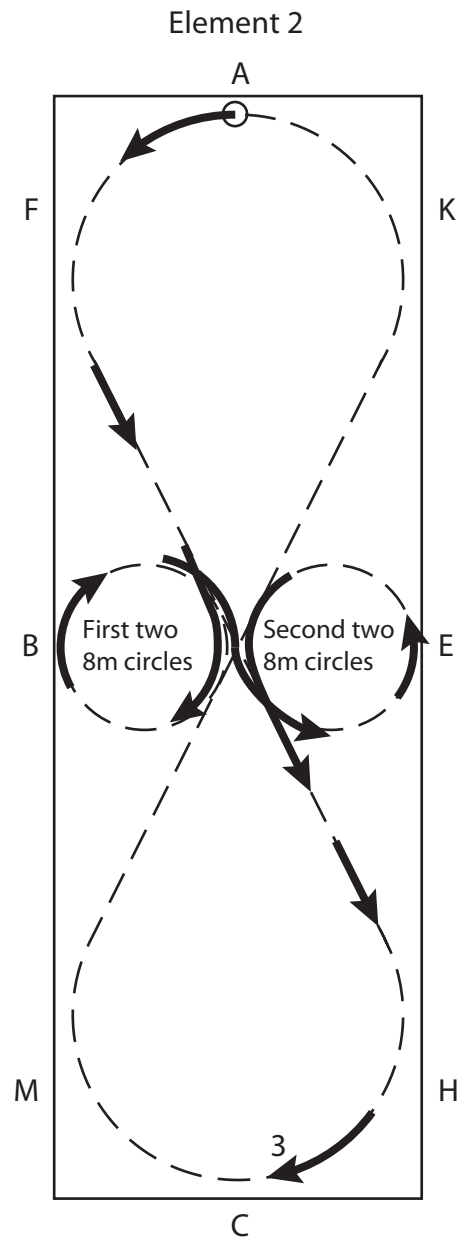
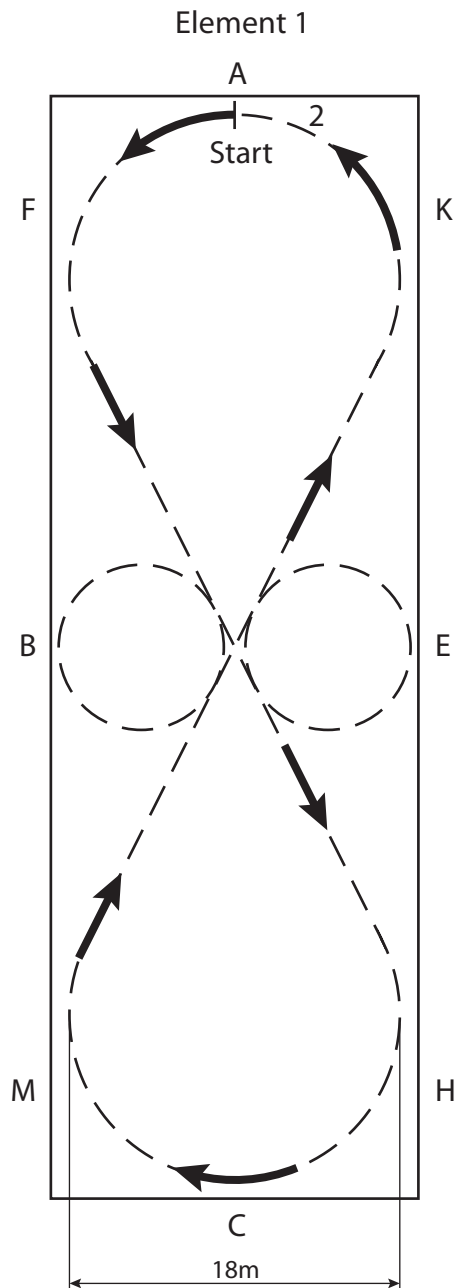
First circle on the same longside
the rider has just come from



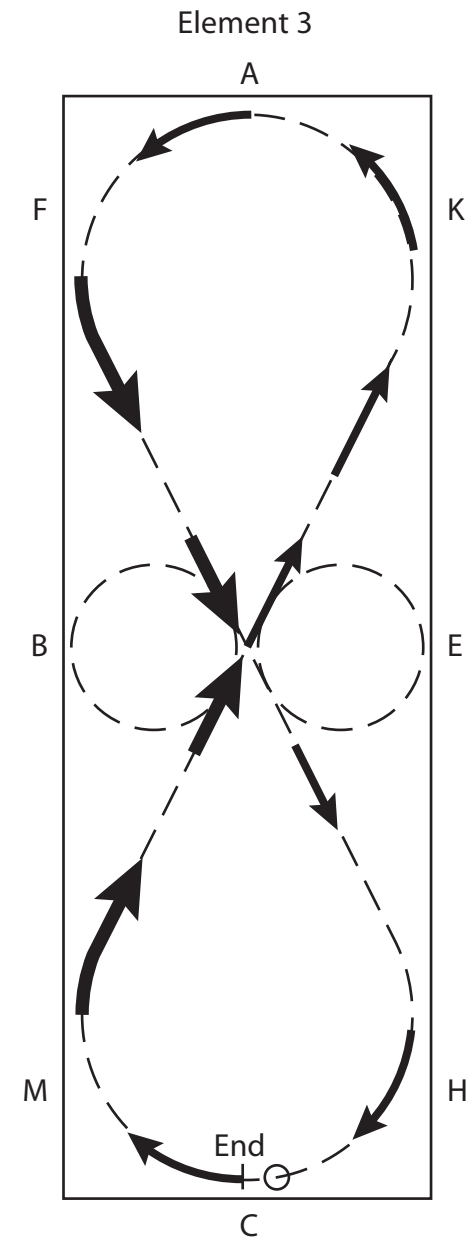
Two extensions showing both
increase in speed and in length of stride

Tölt in Harmony

Level 3, 20x60



First circle on the same longside the rider has just come from



Two extensions showing both increase in speed and in length of stride