

Hooves in Harmony - In hand dressage(FS3) can be presented in any way you wish, choosing a theme and dressing up to match your theme (you and your horse!).

For example, I watched some FS3 performances at the YouthCup where horse and rider were dressed western cowboy theme along with the music to match, a ballerina and her 4 legged partner - whatever theme or not that you chose the overall goal is to exhibit the bond between you and your horse!

There are just a few rules;

- Number of elements, minimum 5 - maximum 8. Length of the test should be around 5 minutes.
- If possible - music should accompany your performance
- Showing the horse without any equipment is allowed. Clothing of the rider should correspond with the performance - Helmet and gloves are required
- The test (including diagrams) is to be submitted with your video (either to YouTube or Google docs) and send your entries via email to [youth@ihsgb.co.uk](mailto:youth@ihsgb.co.uk) . An example test and blank diagram will be provided.

Some ideas for possible elements;

- Liberty work
- Tricks
- Standing front feet on a raised surface
- Work on the lunge/leadrope
- Sideways over a pole
- Jumping/step overs



Here is the link to the example test and a blank diagram (Feel free to just use 1 diagram but label your movements in order)

[Copy of Hooves in Harmony - In hand dressage; Example test.](#)

